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ABCOURT MINES INC. ANNOUNCES GOOD DRILLING RESULTS ON ALDERMAC AND ABCOURT-BARVUE PROPERTIES

Mont-St-Hilaire, Quebec, Canada, December 8, 2008.

Mr. Renaud Hinse, president and C.E.O. of Abcourt Mines Inc. (TSX Venture Exchange: ABI.V, Berlin and Frankfurt Stock Exchanges:), is very pleased to announce good drilling results on Aldermac and Abcourt-Barvue properties. Eight holes were drilled on Aldermac and one hole was drilled on Abcourt-Barvue.

On Aldermac, the objective was to confirm and to expand the historical mineral resources.

Here are the best results obtained on Aldermac:

Hole No	From m	To m	Core length m	Au g/t	Ag g/t	Cu %	Zn %
AL08-23	174.75	177.25	2.50	0.51	52.50	2.77	4.32
	177.25	182.40	5.15	0.26	16.18	0.79	2.03
AL08-24	345.00	346.90	1.90	0.37	25.16	0.48	7.00
AL08-25	366.15	370.15	4.00	0.27	6.69	0.07	6.40
	422.50	436.00	13.50	0.13	4.08	1.24	0.02
AL08-27	23.70	26.70	3.00	0.16	10.55	1.95	0.05
	33.00	35.70	2.70	0.13	9.34	1.96	0.05
	39.15	41.70	2.55	0.11	6.77	1.66	0.11
AL08-28	79.70	88.70	9.00	0.27	6.91	1.86	0.04
	91.10	96.00	4.90	0.20	5.92	2.75	0.02
AL08-30	88.32	91.00	2.68	0.58	10.30	2.66	0.07

The coordinates of these holes are as follows:

Hole No	North	East	Direction	Dip
AL08-23	9015 N	8930 E	90°	70° E
AL08-24	9030 N	8930 E	90°	64° E
AL08-25	9045 N	8900 E	90°	70° E
AL08-27	8982 N	9075 E	0°	45° N
AL08-28	8925 N	9072 E	0°	45° N
AL08-30	8940 N	9045 E	0°	45° N

Holes AL08-23 to AL08-25 were drilled to outline a north-south band of massive sulphides at the western limit of the mined out area between the 7th and 9th levels. True widths represent about 50-55% of core lengths. Holes AL08-27, AL08-28 and AL08-30 were drilled to outline additional mineralisation between surface and the second level. True widths represent about 90% of core length.

At Abcourt-Barvue, hole AB08-01 was drilled in a north-south direction with a 53° dip on section 5700E in an area not previously drilled, to increase the proven ore reserves. It intersected first a band of low grade material which averaged 59.33 g/t Ag and 1.03 % Zn over 7.0 meters. This was followed by a 4.0-meter band of better material which averaged 146.92 g/t Ag and 2.62% Zn.

Abcourt Mines Inc. is an exploration and development company with strategically located properties in Northwestern Quebec, Canada. The Abcourt-Barvue project with 43-101 silver-zinc ore reserves and resources and the Elder mine with 43-101 gold resources are both past producers. Abcourt is now focused on bringing these two projects back in production and at the same time, it is working on other projects (Aldermac, Jonpol and Vendome), to increase its mineral resources inventory. A positive 43-101 feasibility study was recently completed on the Abcourt-Barvue project. In addition, mill equipment has been purchased. To know more about Abcourt, please consult our web site www.abcourt.com and Sedar www.sedar.com, see "Abcourt Mines Inc". A small location plan and longitudinal projection of the Aldermac mineralized zones will soon be shown on our web site.

The Abcourt shares are trading on the TSX Venture Stock Exchange under the symbol ABI.V and at Frankfurt and Berlin in Germany.

FORWARD-LOOKING STATEMENTS: Except for statements of historical facts, all statements in this news release, including, without limitation, statements regarding forecasts, plans and objectives of Abcourt Mines Inc., are forward-looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate; actual results and future events could differ materially from those anticipated in such statements

This press release was prepared by Mr Renaud Hinse, a qualified person, president of Abcourt Mines Inc. The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.

Renaud Hinse, president

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