



FOR IMMEDIATE RELEASE

TSX Venture – ABI.V

October 19, 2009

EXPLORATION DIAMOND DRILLING TO START SOON ON ABCOURT'S ELDER AND TAGAMI GOLD PROPERTIES

Mont-St-Hilaire, Quebec, Canada, October 19, 2009.

Mr. Renaud Hinse, president and C.E.O. of Abcourt Mines Inc., is pleased to report that Mr Jean-Pierre Bérubé, geological consultant, recently completed a 43-101 resource report on the Elder gold mine (see press release dated July 28, 2009). At the 0.10 oz/s.t. (3.1 gram /s.t.) gold cut-off grade, the measured and indicated resources total 169,137 ounces and the inferred resources contain 46,722 ounces. All categories, there is a total of 215,859 ounces. In his report, Mr Bérubé states that "the mineral potential of the Elder property is of sufficient merit to justify a two-phase exploration program." In phase I, the mine will be dewatered and diamond drilling will be conducted on surface. In phase II, drifts will be extended east and west on four levels and diamond drilling will be done from these openings. Abcourt intends to start this program in the near future. It is expected that this drilling will increase the resources substantially.

Diamond drilling will also be done on the adjoining Tagami gold property to extend laterally and at depth, the high grade gold vein discovered in 1995-1996. This vein was intersected by 11 consecutive holes spaced 75 feet to 100 feet apart and averaged 0.491 oz/s.t. (15.2 gram /s.t.) gold over a width of 5.4 feet, and a strike distance of 700 feet. The deepest hole was at 600 feet.

Abcourt Mines Inc. is an exploration and development company with strategically located properties in Northwestern Quebec, Canada. The Abcourt-Barvue project with 43-101 silver-zinc ore reserves and resources and the Elder mine with 43-101 gold resources and the Aldermac property with historical copper-zinc resources are all former producers. Abcourt is now focused on bringing the Abcourt-Barvue and Elder projects back in production and at the same time, it is working on other projects (Aldermac, Jonpol and Vendome), to increase its mineral resources inventory. A positive 43-101 feasibility study was completed in 2007 on the Abcourt-Barvue project. In addition, mill equipment has been purchased. To know more about Abcourt, please consult our web site www.abcourt.com and Sedar www.sedar.com, see "Abcourt Mines Inc". A small location plan and longitudinal projection of the Aldermac mineralized zones are shown on our web site.

The Abcourt shares are trading on the TSX Venture Stock Exchange under the symbol ABI.V and at Frankfurt and Berlin in Germany.

FORWARD-LOOKING STATEMENTS: Except for statements of historical facts, all statements in this news release, including, without limitation, statements regarding forecasts, plans and objectives of Abcourt Mines Inc., are forward-looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate; actual results and future events could differ materially from those anticipated in such statements

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