



FOR IMMEDIATE RELEASE

TSX Venture – ABI.V

December 8, 2009

ABCOURT MINES INC. WELCOMMES TWO NEW DIRECTORS AND GRANTS STOCK OPTIONS IN THEIR FAVOR

Montreal, December 8, 2009, **Abcourt Mines Inc., (TSX-V:ABI)** is pleased to announce that two new nominees were elected as directors of the Company at its shareholders meeting held December 4, 2009, being Mrs Judy Baker and Mr Christian Dupont. Directors of the Company are: Renaud Hinse, president and CEO, Judith Lortie Hinse, Jean-Guy Courtois, CFO, Marc Filion, Normand Hinse, Judy Baker and Christian Dupont.

Mrs Judy Baker holds an Honours B.Sc. Geological Engineering degree in mineral resources exploration and an M.B.A. Since October 2009, Mrs Baker has been President and Chief Executive Officer of America Lithium Minerals Inc., an early stage lithium exploration company based in Nevada and publicly traded on NASDAQ-OTCBB. Previously, she was the President, CEO and a director of Canada Lithium Corp. (formerly Black Pearl Minerals Consolidated), a junior natural resource company listed on the TSX- Venture Exchange.

Mr Christian Dupont is a mining engineer and has a B.Eng. degree from the Nova Scotia Technical College, Halifax, Nova Scotia. Mr Dupont has been active in the mining industry since the early 1970's. Since October 2005, Mr Dupont has been President and Chief Executive Officer of Explor Resources Inc., a junior exploration company listed on the TSX-Venture Exchange.

Mr Renaud Hinse, Abcourt's president, believes that the addition of these two persons on the Company's Board of directors will bring a new group dynamics. Their experience in the mining field and in financing of junior exploration mining companies will be useful for the Company.

Abcourt's Board of directors has granted stock options to purchase 200,000 Class B shares of the Company to each of the two new directors, at an exercise price of \$0.21 per share, valid for a five-year period. These options are granted in accordance with the Company's stock option plan.

Abcourt Mines Inc. is an exploration and development company with strategically located properties in Northwestern Quebec, Canada. The Abcourt-Barvue project with 43-101 silver-zinc ore reserves and resources and the Elder mine with 43-101 gold resources and the Aldermac property with historical copper-zinc resources are all former producers. Abcourt is now focused on bringing the Abcourt-Barvue and Elder projects back in production and at the same time, it is working on other projects (Aldermac, Jonpol and Vendome), to increase its mineral resources inventory. A positive 43-101 feasibility study was completed in 2007 on the Abcourt-Barvue project. In addition, mill equipment has been purchased. To know more about Abcourt, please consult our web site www.abcourt.com and Sedar www.sedar.com, see "Abcourt Mines Inc". A small location plan and longitudinal projection of the Aldermac mineralized zones are shown on our web site.

The Abcourt shares are trading on the TSX Venture Stock Exchange under the symbol ABI.V and at Frankfurt and Berlin in Germany.

FORWARD-LOOKING STATEMENTS: Except for statements of historical facts, all statements in this news release, including, without limitation, statements regarding forecasts, plans and objectives of Abcourt Mines Inc., are forward-looking statements that involve various risks and uncertainties. There can be no

assurance that such statements will prove to be accurate; actual results and future events could differ materially from those anticipated in such statements

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