



FOR IMMEDIATE RELEASE

TSX Venture – ABI.V

December 16, 2009

1,500-METER DRILLING PROGRAM STARTED AT JONPOL PROPERTY

Montreal, December 16, 2009, **Abcourt Mines Inc.**, (TSX-V:ABI)

Mr. Renaud Hinse, president and C.E.O. of Abcourt Mines Inc., is pleased to announce that a contract has been awarded for a minimum of 1,500 meters of diamond drilling on the Jonpol property, near Amos, Quebec.

As indicated in previous Press Releases, the Jonpol property covers a distance of 4,700 meters (2.9 miles) along the most favourable felsic volcanic formation for base metals in the Amos area and has been the site of repeated exploration efforts for almost 100 years including numerous drill holes and three shafts, the deepest reaching a depth of 152 meters (500 feet). So far, four mineralized zones have been found. They are the “Main West Copper Zone”, the “Jay Copper Zone”, the “Lower Ag-Zn-Cu Zone” and the “Upper Ag-Zn Zone”. The zones all appear to be made of disseminated to stringers to locally semi-massive pyrite ± sphalerite ± chalcocopyrite and silver minerals that collectively represent a large stringer (feeder) sulphide zone.

The historical resources on the Jonpol property are as follows:

Zone	Date	Author	Short tons	% Cu	% Zn	oz/t Ag
Upper Ag-Zn	1969	Waisberg ⁽¹⁾	20,000	- -	4.0	8.0
Jay Copper	1969	Waisberg	26,000	3.5	- -	1.0
Main West Cu	1974	Kilborn ⁽²⁾	1,946,000	1.04	- -	0.02
Lower Ag-Zn-Cu	1983	Getty ⁽³⁾	815,000	1.25	3.21	3.55

⁽¹⁾ S. Waisberg, 1969, Conigo Mines Ltd

⁽²⁾ H.B. Hicks, 1974, Kilborn Engineering Ltd, preliminary feasibility study for 1,000 TPD mining and milling plant

⁽³⁾ D. Titaro, 1983, Getty Canadian Mines Ltd, work summary

In addition, several significant gold intersections have been obtained in the drilling.

This information comes from a report by C.M Cooke, senior project geologist for Aur Resources Inc., dated November 1992.

The historical resources reported above were prepared before the introduction of National Instrument 43-101 (“43-101”). No additional information is available at this time and the historical resources have not been verified and should not be relied upon. However Abcourt believes that these estimates, particularly the ones prepared by Kilborn and Getty, were made by competent persons. This statement is made by Mr. Renaud Hinse, professional engineer, President of the Company. Mr. Hinse is a qualified person under 43-101.

The current drilling program is planned to further outline the mineralized zones and to look for extensions.

Abcourt Mines Inc. is an exploration and development company with strategically located properties in Northwestern Quebec, Canada. The Abcourt-Barvue project with 43-101 silver-

zinc ore reserves and resources and the Elder mine with 43-101 gold resources and the Aldermac property with historical copper-zinc resources are all former producers. Abcourt is now focused on bringing the Abcourt-Barvue and Elder projects back in production and at the same time, it is working on other projects (Aldermac, Jonpol and Vendome), to increase its mineral resources inventory. A positive 43-101 feasibility study was completed in 2007 on the Abcourt-Barvue project. In addition, mill equipment has been purchased. To know more about Abcourt, please consult our web site www.abcourt.com and Sedar www.sedar.com, see "Abcourt Mines Inc". A small location plan and longitudinal projection of the Aldermac mineralized zones are shown on our web site. A small location of the Elder and Tagami properties is also shown on our web site.

FORWARD-LOOKING STATEMENTS: Except for statements of historical facts, all statements in this news release, including, without limitation, statements regarding forecasts, plans and objectives of Abcourt Mines Inc., are forward-looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate; actual results and future events could differ materially from those anticipated in such statements

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