



FOR IMMEDIATE RELEASE

TSX Venture – ABI.V

August 6, 2010

ADDITIONAL GOOD VALUES OBTAINED IN SURFACE DIAMOND DRILLING ON ELDER GOLD PROPERTY

Mont-St-Hilaire, Quebec, Canada, August 6, 2010.

Mr. Renaud Hinse, president and C.E.O. of Abcourt Mines Inc. (TSX-V:ABI, Berlin and Frankfurt Stock Exchanges:), is pleased to announce that additional good values have been obtained in surface diamond drilling on the Elder Gold Property, as follows:

Hole No	From M	To M	Length meters	Gold grams/tonne
E10-08	305.14	307.65	2.51	4.90
E10-09	298.36	299.86	1.50	6.73
E10-11	245.15	249.41	4.26	9.12
E10-13	226.50	228.50	2.00	17.27
E10-14	289.50	291.63	2.13	6.50
E10-15	191.67	193.17	1.50	8.61
Average			2.32	8.82

All assays were done by Techni-Lab S.G.B. Abitibi inc., an approved laboratory.

Holes E10-08, E10-09 and E10-14 shows good values at depth below the 7th level. Holes E10-11 and E10-13 are infill holes in the western part of the mine. Hole E10-15 indicates an extension of the mineralized zone beyond the western limit of the mine. Assays are pending for holes E10-10, E10-16, E10-17 and E10-18. More than 2,100 meters of drilling remains to be done on our 10,000-meter drilling program. The drill is now moving to the eastern part of the mine to extend the mineralized zone to the east.

In the past (1944-1964), the Elder mine produced 350,000 ounces of gold.

In July 2009, a revision of the resources for the Elder property was completed by an independent qualified person, Mr. Jean-Pierre Bérubé, P. Eng., consultant from Trois-Rivières, Quebec, Canada. This revision was made according to NI 43-101 Standards.

Here is a summary of the non-diluted resources, converted to metric:

Cut-off grade	3.8 grams/tonne			5.1 grams/tonne		
	Tonnes	Au gr/t	Ounces	Tonnes	Au gr/t	Ounces
Measured	402,286	6.5	83,635	256,379	7.7	63,736
Indicated	<u>402,742</u>	<u>6.6</u>	<u>85,502</u>	<u>287,296</u>	<u>7.7</u>	<u>71,422</u>
Measured & Indicated	805,028	6.5	169,137	543,675	7.7	135,158
Inferred	237,289	6.1	46,722	159,704	7.2	37,067

Our current drilling programme is expanding these resources.

Abcourt Mines Inc. is an exploration and development company with strategically located properties in Northwestern Quebec, Canada. The Abcourt-Barvue project with 43-101 silver-zinc

ore reserves and resources and the Elder mine with 43-101 gold resources and the Aldermac property with historical copper-zinc resources are all former producers. Abcourt is now focused on bringing the Abcourt-Barvue and Elder projects back in production and at the same time, it is working on other projects (Aldermac, Jonpol and Vendome), to increase its mineral resources inventory. A positive 43-101 feasibility study was completed in 2007 on the Abcourt-Barvue project. In addition, mill equipment was purchased. A 43-101 resource calculation was recently done for the Elder mine. To know more about Abcourt, please consult our web site www.abcourt.com and Sedar www.sedar.com, see "Abcourt Mines Inc". A small location plan and longitudinal projection of the Aldermac mineralized zones are shown on our web site. A small location plan of the Elder and Tagami properties is also shown on our web site.

FORWARD-LOOKING STATEMENTS: Except for statements of historical facts, all statements in this news release, including, without limitation, statements regarding forecasts, plans and objectives of Abcourt Mines Inc., are forward-looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate; actual results and future events could differ materially from those anticipated in such statements. This press release was prepared by Mr. Renaud Hinse, a qualified person, president of Abcourt Mines Inc.

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