

FOR IMMEDIATE RELEASE



TSX Venture – ABI
December 13, 2007

OPTIONS TO BUY SHARES GRANTED TO OFFICERS AND DIRECTORS OF THE COMPANY

Mont-St-Hilaire, Quebec, Canada, December 13, 2007

On December 10 last, the directors of Abcourt Mines Inc granted the following options:

Joe O'Brien, investors relations	=	100,000
Charles H. Bélanger, v.p. mines	=	100,000
Jean-Guy Courtois, director, C.F.O.	=	150,000
Normand Hinse, director	=	200,000

These options may be exercised at a price of \$0.36 per share over a period of five year in accordance with the Company option plan and are subject to the approval of regulating authorities if needed. The option granted to Mr Joe O'Brien is subject to the TSX Venture rules and the shares have to be acquired gradually over a period of 12 months with a maximum of 25% per quarter. In all cases, the shares issued upon the exercise of options have to be held over a period of four months following the date of issue of the option.

The options granted will benefit the Company by giving incentives to the persons receiving them and by increasing their interest and participation in the success of the Company.

Abcourt Mines Inc. is an exploration and development company with strategically located properties in Northwestern Quebec, Canada. The Abcourt-Barvue project with 43-101 silver-zinc ore reserves and resources and the Elder mine with 43-101 gold resources are both past producers. Abcourt is now focused on bringing these two projects back in production and at the same time, it is working on other projects (Aldermac, Jonpol and Vendome), to increase its mineral resources inventory. A positive 43-101 feasibility study was recently completed on the Abcourt-Barvue project. For additional information, see our Press Release dated August 9, 2007.

To know more about Abcourt, please consult our web site www.abcourt.com and Sedar www.sedar.com , see "Abcourt Mines Inc".

The Abcourt shares are trading on the TSX Venture Stock Exchange under the symbol ABI.V and at Frankfurt and Berlin in Germany.

FORWARD-LOOKING STATEMENTS: Except for statements of historical facts, all statements in this news release, including, without limitation, statements regarding forecasts, plans and objectives of Abcourt Mines Inc., are forward-looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate; actual results and future events could differ materially from those anticipated in such statements.

This press release was prepared by Mr Renaud Hinse, a qualified person, president of Abcourt Mines Inc. The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.

For additional information :

Renaud Hinse, president

Tel : (819) 768-2857

(450) 446-5511

Fax : (819) 768-5475

(450) 446-3550

E-mail : rhinse@abcourt.com

Joe O'Brien

Investors' relations

Tel : (416) 750-8041

Fax : (416) 750-8051

E-mail : jobrien@abcourt.com